



Live Your Best Life



# Vision Board Party Planning Guide



## Vision Board Party Outline

Note: Before your party you may want to set the stage for your guests by advising that they complete some sort of year end reflection and planning like [THIS](#).

- **Wait for the late Black People to arrive**
- **Intro Activities**
  - **Queen of Thrones Intro-** As whether guests are familiar with the show Game of Thrones and how the character Daenerys Targaryen has been introduced with alllllll of her titles. If they (or you) aren't and you can pull up [THIS VIDEO](#). Ask guests to take a moment to think about how they would introduce themselves in this same style. Have all guests go around and say their names with their Queen of Thrones Intro.
  - **Deck Picks- [Goddess Cards](#) and/or [Affirmation Deck](#)**  
Everyone Picks a card from the Goddess Card Deck and/or the Affirmation Deck. Ask guests to think about how and if the cards relate to their goals for the upcoming year. Ask guests to the Share Out their cards and reflections. If using the Goddess Cards, circulate the book included so that the guest can learn more about their goddess.
- **Intention Setting**
  - **This Year I Will Sheet-** Throw on some [Good Music](#) and ask guests to take 10 minutes to complete the sheet. Optional: You can have them share out one of the lines from their sheet.

- **Give Tips for Creating Vision Boarding + START!**

- **Vision Board Tips**

- There are many ways to create a vision board. Some people like smaller boards that they can frame and put up. Some like the larger boards. It's all about preference
    - Take TIME cutting out the images, words, etc. that resonate with you. You don't have to immediately start pasting and taping to the board. It is ok to be intentional about color scheme lay out, etc.
    - Layout. Some people like to have a central image, other like to section of portions of the board for different themes. If you want to get fancy with the sectioning I love [Washi Tape](#).

- **Wrap Up**

- **From Board to Reality-** A goal without a plan is just a wish and we are in the business of putting in that work, not just wishing. Before your guests leave you want to give them some tips about how best to turn their vision board into action plans.

- **Action Planning-** Complete an Action Plan based on the goals outlined in the board. You can create your own template for your guests, use the BGF Template or a simply advise that they do a google search and pick a template that works for them.
    - **Guided Journaling** – Journals geared toward goal setting and making can help. They often have action planning build right into them. Here is a list of [Journals by and for Black Women](#). I also recommend the [FREE PDF Download of the Best Self Journal](#).
    - **Mastermind Accountability Group-** Mastermind Groups are a great way to keep on track with your goals. You can advise your guests to join a group like the [Black Girl Flourish Mastermind](#) Group or think about creating their own tribe of supportive and focused friends to help keep them motivated.

- **End the Party with a Toast to the New Year!**

# My 2019

## THIS YEAR I WILL.....



Quit

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Start

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Visit

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Accept

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Honor

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Make

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See

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Learn

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Give

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Have

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Be

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Act

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Grow

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Invest

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# FLOURISH

## Vision Board Examples

